



***“The fine point of the act of therapy is LOVE.”***  
(*Françoise Leskens*)

*Françoise Leskens*, Therapist.

Psychotherapy: Free Waking Dream, [www.reve-eveille.org](http://www.reve-eveille.org), [www.adrel.net](http://www.adrel.net),

Psychosomatic Energy Analysis, [www.apsyse.com](http://www.apsyse.com)

Psychocorporal Energy, Care by ***Anointing***

Energy-Biochemist: Development of Adevaya Solar Oils, ***“Huiles Consolatrices Adevaya”***

***“The Secret of Life? To live, simply to live. We are made for Life, for movement, for successive metamorphoses, for the pulsing rhythm of the flux of a Living Being...”***

***YES to Life, the quality of transmission by the Sacred Feminine, Mary, Isis, Astarte... to be open, in the virgin-state of the absence of mental projections, totally receptive, in this YES, to that Living Being which penetrates, the Light of the World which gives fruitfulness...***

***The secret is this YES, abandonment to this YES, which means that it is this Living Being which lives in us. This point of abandonment is at the Heart of our heart... The fine point of the therapeutic act is LOVE.”***

Without the Essential, there can be no ***Anointing***. Without the Essence of the plant there cannot be any ***Anointing***. The plant, whatever obstacles there may be in its way, will always grow in the direction of the light.

Essence, essentiality, sense and the senses ... Sensuality, the way of the senses is a way of growth, and it is the way I have chosen to follow...

I am a woman of the Land. I experiment. An adventurer through Life, a lover of the Living One ... and greedy ... Passionate for the Living One, I have not restricted myself to tasting only one aspect of what life has to offer.

Yes, I am a passionate discoverer, an explorer in the first place, in order to realise that it is not enough to discover ... What is there.

I am a woman of intuition, following the dictates of my Heart, and one who has learned to ***“surf on the wave of life”***, and it is this wave of life which has been at the origin of the richness of the journey of which I will tell you and which has brought me to the banks of ***Anointing*** ... and of Love.

My name is Françoise Leskens. I was born in Brussels, brought up in a religious milieu that was dogmatic, rigid, grey, enclosing and nourished with very little love. As a little girl I used to say: ***“You can take everything away from me, but no-one will ever steal my soul!”*** or again: ***“How lucky I am to know that He exists...”***. I felt His presence in me. But at the same time, around me was: Nothing. This childhood forced me to look for the Essential, to be nourished, not to die. This childhood gave me the appeal to Light, to colours to space: the appeal to life. This mystical and solitary childhood gave me the mark of Fire, of the appeal to Love....

After years of study, having become a biologist and a biochemist, I did scientific laboratory research, only to realise how much the emotional dimension was lacking in me: ***“warmth and colours ...”***

***“One must know how to let oneself be carried forward by events and to seize one’s chance...”*** (interview in *Bilan Magazine* 1993.) Events opened up to me the world of design...

***“Being curious about everything, and almost obsessively perfectionist, excited by artistic and technical innovations...”*** (*Femina* 1993). From being a scientific researcher I became an esthetical and technical researcher through my profession of designer for several brands of luxury watchmaking. “...in the spirit of synergy between heart and intellect which characterizes it.” (*Journal NV*, 1993)

***“I love harmony, and my creations are part of life... A watch is a living object...”*** (*Femina* magazine, 1993).

*“Françoise’s vision is that of combining rigour and artistic sensitivity in order to create products whose esthetical success is to touch the heart.”*

*“I want to create watches whose shape is not limited by the three dimensions of volume. I want them to ...irradiate a spark of life.” (Journal 24 h. 1992)*

*“... an added value which contains a powerful message ... This fourth dimension touching at the same time both heart and spirit.” ( Express Magazine, Neuchâtel, 1992)*

Could I stop at this point? What was stirring me deeply and seeking its means of expression? What Harmony, what Creation of Life, what Heart and what Spirit was I speaking about in this? ... so I went on my way....

I wanted to respond to the Call of a dimension of myself which I did not yet know. This Call was speaking to me of the great Spaces, of Freedom, of the High Peaks, of the Heights and Depths ... , yes, the spiritual Call of the Way of the Mountain-tops. In fact, I was greatly surprised to see that, instead of climbing, I was finding myself plunging into the depths...

The Way of Stripping, the pain of the loss of false certainties and beliefs, of the patterns that gave shape and security. The death of illusions giving way to Truth, Reality and Relationship.

To outward appearances I once more changed my whole life, but in fact I was returning to a rediscovery of my life’s direction, making sense once again of my past. Nobody really changes their life: life is an uninterrupted flow of metamorphoses, deaths and re-births back to oneself, in which each stage has meaning and occurs in its place.

Having once more access to the other, and to the great Other, it was in this that I found the Living One He had always been there and I simply had not seen Him... I learned to perceive his presence in everything. No need to seek, but just to live, simply Live and discover that the All is there. What makes the richness of life is the richness of relationship: life is relationship. Life is made for life.

So, my past, my being, my knowledge and creative abilities were refounded in a more harmonious and dynamic unity.

My way forward is the discovery of my fundamental health, its sacredness and that of every human being.

I love humanity deeply. From my experience there has been born an aspiration to go ever deeper and to share every bit of knowledge which can permit the re-weaving of the sacred bonds which join matter and Spirit, medicine and spirituality; the sacred bonds between the human being and his place and part in creation. In my practical approach, energy, psychotherapy and spirituality are indissociable from corporal and relational energy. The vibrational, informational and quantifiable nature of matter is the very nature of all life.

Body, health, life, energy, perfumes, sensuality, biochemistry, the relational, harmony, beauty, colours, consciousness, ... Love ... All these ideas which dance within me, animated by profound sense of Christ (the Anointed One,) opened up to me the sacred art of **Anointing**;

the development of *Anointing* Oils, the Adevaya Solar Oils, “*Huiles Consolatrices Adevaya*” and the Aromatherapy by *Anointing*.

Nobility and Light of the essence of the vegetable kingdom, reaching out to the noble and light-filled quintessence of the human being.

The light-filled Nobility of the Living Being.

I also realised to what extent our society and collective Unconscious are impregnated and wounded by Judeo-Christian beliefs which often deform the original Christic message, which is a message of Life, Health and Love. By passing on the art of *Anointing*, I also hope to re-establish the teaching of the Master, that has shown us how each one of us can be open to receive more Life in ourselves, more Love on ourselves, through our body and thanks to our body. A living and lived message that leads us quite naturally to health and holiness, from the human to the Human.

The wave of Life has brought me to the Ariège, a land rich in history and deeply impregnated with the quest for the Essential.

I live and practice as a therapist and biochemist-energist.

This country gives me the quality of life, peace and harmony necessary for producing and developing the Adevaya Solar Oils, “*Huiles Consolatrices Adevaya*”.

I also intervene publicly, to share my passion for the Living, for Love, through *Anointing*, through Lectures and practical workshops...

... more life in the body and still more... Through *Anointing*, the Living One speaks to the living...



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