

## **Awakening the senses to access to our multidimensional memories. A wonderful adventure.**

Writing about the subtle perceptions without unveiling my real life seems boring and empty. I am taking the risk of sharing with you a very private part of my life. I only wish this reading will inspire you to create the taste of adventure, the motive (*move-to-live*) of the discovery and the desire to reveal the wonder of a life fully experienced and accepted.

When I was a little girl, I already wanted to explore and understand the different aspects of Life. My first subtle perception made me realized that Life was not limited to what my education was explaining about what was Life like it was only that. Truly it was not only that, but different and so much more. I felt that how Life was described and showing to me didn't make any sense! My heart and my soul didn't go to this brainwashed trap from the system. However the problem was accepting this life, meaning being incarnated and limited inside a body within a world trying to be real, and the transformation of my physical, energized and psychic limitations. I have always felt since my early years how vital and necessary my fulfillment was linked to my Human potential known somewhere within me, but not manifested in my body yet.

First conscious thought: “**Nobody can ever steal my soul**”. I was 9 years old! One of my first sculptures was named “**Life challenges the limitations imposed by man**”. I was 20 years old! To me, this was a subtle perception because I had a physical sensation that I was a great, unlimited and wonderful being, who would open her wings one day and be able to light up her body. I internally felt Empowered and Fulfilled with Light in my limited body, but my life was still not capable of expressing my inside reality: the subtle perception of an inconsistency...

During all these years, I explored the different aspects of my human nature connected to my surroundings. This leads me to the next step of detecting any conditioning that destroys the life, and transmuting it. I have learnt to dare manifesting my own Divinity and my Femininity sensed when I was a child in order to be in the Service to Life.

This journey requires a great vigilance and service to be consciously experienced and breathed at every moment of my life. **The tool of the subtle perception is the body of senses, which can be refined with time.** This allows me to use the information received consciously, and to be actively part of the Human and Earth evolution – evolution that needs to make a healthy move and within we all have a role to play.

Connected with the energies from Earth and the Universe, I evolve in my relationship with myself, with others, and with the world. This is a joyful experience of accomplishment. To me this is the sense of the Alive, the Service. This state of relationship with Life is obviously interconnected to the “waves of frequency” detected by my subtle perceptions.

Our perception depends on the capacity of the body to receive and translate the information coming from Spirit into our daily life. This is a learning process. It's about to extend the waves of frequency felt by our incarnated being in this third dimension. Our

physical body, wonderful vehicle, allows us to experience the in and out relationships from the body with the surroundings by using the subtle perceptions. It's not only to feel, but also to understand and use what has been received to give it to the Service of Life. Pure intention is required to be able to develop our subtle perceptions.

During my life, my ability of feeling, understanding and using the subtle world has been greatly increased. This is the main quality of my personal evolution: **“If you are not released by taking a deep pleasure with the sensorial world, can your knowledge be perfect? (Saraha, Buddhist Master, awaked adept to the Spontaneous).**

Then I have learned to unwire the conditionings of my body and my psychic in order to restore the free flow of the vital and spiritual energy. This energy contains a sexual energy, which I decided to let be without rejecting or blocking – a way of acceptance to be guided towards the Sense of Life: acceptance, integration and reunification of the dissociated and contracted aspects of myself. I insist that this is the essential part of this process: the inner reunification. This allows to capture and to translate purely the subtle perception in order to understand and to use it in a healthy and sacred manner. Caution! Do not create any of the artificial perceptions, projection of our fantasies and our ego! The key is to know who we are and to know how works our Human-Divine nature.

As a woman, breathing into the obstacles and understanding my actions according to Spirit gradually transformed my life. Further, my subtle perceptions have allowed me to feel, see, live and listen other frequencies of Life and of myself. Yes, I define myself as a bio-discoverer, although I have a Bachelor Degree in Biology and have been a biochemist for over 30 years...aha the magic of Life...

Well, I am going to risk talking about some of my subtle experiences. I started travelling regularly out of my body since I was 30 years old. These “out of body” experiences stopped because I was not quite ready to go “far”. It has started again when I wrote this article. Visions and spoken messages have been very important for my choices and decisions. I have met Beings from other dimensions of Life, Brothers and Sisters from the other side of the veil: these contacts have helped me to restore a portion of my origins.

My heart and my body are now talking to me. My energies have become more and more refined, and I am able to see very subtle energies as well. My sexuality has been transformed thanks to the awakening of the radiant and pulsatile energy in my vagina and uterus linked to the sacred space of my Heart and my consciousness. The contact with my subtle sexual energy and its flow are required to work for the Service of the Sacred Femininity as a healer. If I don't connect with this energy, I become weak and die out.

I can be aware of situations, persons, and the body because of my presence to the world: presence built up through my life experiences and knowledge. This is critical to facilitate the healing with my clients. This awakening of my being has allowed me to develop the Anointing Sacred Oils: oils that contain the highest frequency of Love-Consciousness. The Anointing is an art coming from the memories of the Sacred Femininity and Healer of the Planet and the Cosmos. My subtle connection to the multidimensional world reveals these memories in this third dimension.

I affect my life by transforming my energies and attracting what corresponds my “journey to awareness”. I have learnt to not reject anything, to listen and to watch what Life is offering. Trust me, this is the most beautiful gift from the subtle perception: seeing and understanding what is suggested is ALWAYS a gift to restore the expression of our deep essence. Life doesn’t make any mistake, but we do! With our limited consciousness, we falsify the Game!

I have gradually found the memory of “who I am” outside of this limitation in this incarnated dimension, named third dimension: the dimension of duality. More and more I understand and include other levels of comprehension and experiences from the other side of the veil of the forgotten, from the other side of the “Planck Wall” described by the Quantum Physics. We are living a period of changing paradigm. This change is about higher frequencies of Life than our conditional limitations that we are used to live in now. This change brings a different relationship with Life. It’s time to wake up!

Nothing can influence a Unified Being potentially multidimensional. Fear doesn’t exist. Love prevails.

Yes, the Wonderland, that I felt when I was a little girl, is now accessible to all of us, more and more. I am discovering the unlimited power of my incarnated Femininity thanks to the subtle perceptions I have developed, the sense of my difficulties in this life, my “past”, and my mission on Earth.

Yes, we all are Divine Beings incarnated to learn how to evolve into our subtle perceptions in this life.

Our Love-Consciousness evolves by using the body as a relational vehicle, and, the being as a refined tool for subtle perception. Other realities can manifest and I have now access to other dimensions of myself outside of this space-time. I can extend my presence into several simultaneous lifetimes. In this kind of experience, I once reconnected to my Unified Light Name! This name carries the vibration of “who I am” in all my unified dimensions: dimensions outside of this space-time. Then, what is the choice?

I have chosen to sign, being called and named by my Unified Light Name. Since I have felt the vibrational impact of this choice-reconnection. Daring being called by my true name has increased the integration of my multidimensional potential.

Indeed I have received healing by therapists from other dimensions and this has healed my physical body. This healing has released some strong blockages at the energy level caused by a trauma in one of my simultaneous lifetimes “somewhere else”. This has allowed me to find the memory of “who I am” outside of this space-time, and especially to liberate me from this repetitive trauma (karma): this trauma had amputated a portion of my feminine power.

Everything I am sharing comes from my personal experience. The Quantum Physics is starting to explore and to demonstrate the illusion of our apparent continue space-time. Beyond the “Zero Point”, the “Planck Wall”, the “Veil of the forgotten”, any multiple dimension is experienced in the eternal present.

The eternal present when fully embraced and breathed, grounded in the Earth and the Sky, allows us to go through the doorway of the “forgotten”, and to wake up to the

immense human potential realizing we all are eternal. **This doorway is Love, Joy, Ecstasy, Autonomy, Liberty and Peace.** This test will show if your subtle perceptions are not from your fantasies and from your ego. If Joy, Unconditional Love and the Inner Peace creatively transform your life, then you can tell you are using your subtle perceptions from your heart. Just notice again the necessity to work on yourself in order to offer your subtle perceptions to the Service of Spirit, always connected to the openness of the heart and the mastery of the ego.

Caution! Nothing is ever “won” in this dualistic dimension. It’s important to remain vigilant and constantly work on us with the consciousness of every moment where you ideally experience and breathe into it. However I am not always conscious of my unified being: it’s a learning process and I am an apprentice. I don’t have always an open heart. I am learning like you. I am not always present in the moment, and some disharmonies may occur...

We must be vigilant because of the situation of the world to “take off” from the mass of multiple and perverse conditionings, and from the grip of the ego.

If I can give you some advice to develop your own subtle perception with Life, I will tell you from my own life experience:

Look clearly at the world and your life around you. Are you satisfied, happy and radiant? Let your subtle perceptions be. Stop hiding, denying and running away from yourself.

First, you are going to notice where there are resistances like your less subtle of all the frequencies of your being, obviously faking the less subtle perceptions to surface.

Dare breathing and bringing these limited illusions into your heart. Imagine your being becoming radiant and empowered. Make peace and give love to who you are in this terrestrial imperfection. Let your resistances being consumed by the Warmness of your heart. This exercise is a Love Presence to yourself in order to regain your autonomy. Remain vigilant and consistent during this exercise. The Divinity in you knows how to re-unify and to transform gradually your being towards Life if you let it happen from your heart. The heart has the vision and the access to the subtle perception. Again the heart is the transmitter of the “know-ledge” of what it’s good for your Human-Divine evolution. The rest is manipulation of the ego. The subtle perception puts the ego into service to the heart. Mind and ego can’t perceive the subtlety of the multidimensionality of Life. The ego blocks and tricks the subtle perceptions. The synchronicity is possible with the subtle perceptions. Life talks to us through the subtle perceptions. Stay vigilant. Develop your sight, your hearing to grasp the message of the moment. You are never alone in your journey. You will always be helped and you are unconditionally loved. Perceive it!

My job? I work to serve Life, the Source of Life. I continue my journey by remaining vigilant the best I can. I am present for the persons who ask to be accompanied to their re-unification through my paintings, my writings, my workshops, and my one-on-one sessions. With my singing and my presence, I have elaborated the Sacred Art of the Anointing and the Sacred Oils of Anointing for many years.

***“You penetrate in the spatiality of your own heart at the moment  
where your attention awakes with the organs of the senses”***

Advice from Vijnânabhairava tantra

***You can perceive the subtle sensation of your heart awakening.  
You can reveal yourself to who you are, to your revealed  
Vision...***

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